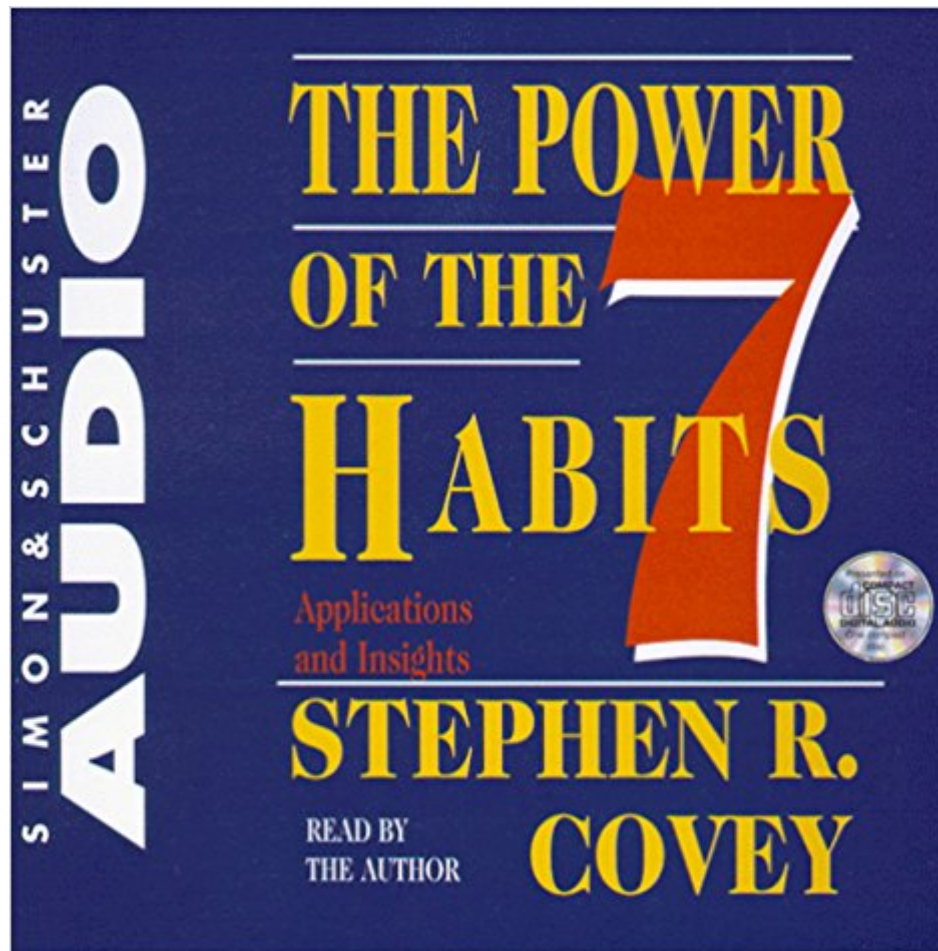




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# The Power Of The 7 Habits: Applications And Insights



## Synopsis

This audio programme captures the essence of people's real-life experiences, applying proven principles to help them solve their problems and overcome challenges.

## Book Information

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> [Authors, A-Z](#) > ( C ) > Covey, Stephen R. #579 in [Books > Books on CD > Business](#) >  
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## Customer Reviews

Stephen R. Covey is a renowned authority on leadership, a family expert, teacher, organizational consultant, and vice chairman of FranklinCovey Co. The author of several acclaimed books, he has also received numerous honors and awards, including being named one of Time magazine's twenty-five most influential Americans. Covey lives with his wife, Sandra, and their family in the Rocky Mountains of Utah.

Stephen Covey fleshes out aspects of the SEVEN HABITS that are especially rich in meaning and worth exploring. The habits build one on each other so that success with one habit makes work on the next one more productive. Rather than being a step-by-step guide, the program urges us in a general way to get our thinking and emotional lives lined up with our principles. This internal consistency will help when we try to get anything done in the world. It's a healthy reconnection with the principles embodied in the SEVEN HABITS and a solid invitation to stay integrated when trying to achieve anything in life. T.W.   
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